

My Number

Japanese Social Security and Tax Number system (“Individual Number” or “My Number”) was started in January 2016 for the fields of social security, tax and disaster response.

◆What is “My Number”?

“My Number” (Individual Number) is a 12-digit number assigned to individuals living in Japan under the Social Security and Tax Number System. It is used primarily in connection with social security, taxation, disaster response, and several other areas. Foreigners registered as residents in Japan (medium-term residents, special permanent residents, etc.) will also receive their Individual Number.

Households with a resident registration in Japan will have their “My Number” printed on the notification card sent by the city hall where they are registered as a resident, or on an Individual Number notice sent by the government.

※Individual Number notification will not be reissued.

◆When to use the “My Number” card

- For tax returns and other tax procedures
- For tax and social security procedures for your employer to use
- For tax procedures for brokerage firms and insurance companies to use.
- For receiving welfare benefits and for procedures under the National Health Insurance and Nursing Care Insurance programs.
- For sending or receiving money to or from other countries.

◆What is the “My Number” Card (Individual Number Card)?

- This card proves both your Individual Number and identity in any procedures related to the Individual Number. It also serves as your official ID card.
- You can apply for a “My Number” Card.
(The first issuance of the Card is free of charge)
- Even after receiving the “My Number” Card, you will still need to keep your residence card, special permanent resident certificate, etc.



◆Precautions in handling your Individual Number

- In case of a change of address or any change to the expiration date of your residential period, please contact the city hall.
- Do not carelessly tell your Individual Number to others, especially in suspicious telephone calls.

Inquiries about the Individual Number

Toll-free numbers, available in English, Chinese, Korean, Spanish, Portuguese, Thai, Nepalese, Indonesian and Tagalog.

- Inquiries about the Social Security and Tax Number System 0120-0178-26
- Inquiries about the Individual number notification, Notification card and “My Number” Card 0120-0178-27

Toll-free number in Japanese 0120-95-0178

My number card comprehensive site:

<https://www.kojinbango-card.go.jp/>

(English, 中文, 한국어, Español, Português)

